
DCA (Sodium Dichloroacetate) Guide

Dosage

- 11 mg per 1kg of body weight, (ie about 1 gram a day for a 100 kg person)
- So a 57 kg, 126 lb or 9 stone person should take 0.6 of a gram a day (1/8 of a teaspoon)
- Or a 90 kg, 200 lb or 14 stone person should take 1 gram a day (1/4 of a teaspoon)

Note: A one quarter teaspoon of sodium dichloroacetate weighs almost one gram, or 1000 milligrams. A one eighth teaspoon weighs about one-half gram, or 500 milligrams.

(Some go for a higher dose of 25mg/kg a day. If you do, take a week off after 2 weeks.)

Application

- It should be mixed with a glass of cold water and taken by mouth daily.

Peripheral Neuropathy

You should closely monitor for side effects. We suggest that if you start to feel tingling or numbness in your fingers that you should get off DCA for a few days, then restart at the same or lower dose level. Supplements that help with peripheral neuropathy are ...

- 160mg/twice a day of Benfotiamine (B1)
- 300mg/three times a day of R+ Alpha Lipoic Acid
- 1000mg/three times a day of Acetyl-L-Carnitine
- 500mg/three times a day of Calcium
- 100mg/three times a day of Magnesium

Potential Side Effects

- Neurological Problems like nerve tingling, numbness and foggy thinking. To date all neurological symptoms are completely reversible after cessation of treatment with DCA.
- At high doses of 25mg/kg per day, taken for 3 months, there are reports of fatigue, shortness of breath, gastric distress (vomiting) and tremors.
- Rapid Tumour die off (lysis) which can overload the body and cause death. Symptoms include feeling very unwell, little or no urine output, fever.

Storage

DCA keeps longest in a fridge or freezer, when it will last over two years, Do NOT let it get over 25 degrees C.

Useful Websites

- www.tissuesupport.co
 - www.medicorcancer.com
 - www.thedcasite.com
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